## **WES SCHOOL - JUNE 2023**

Reduced: \$0.45 Lunch: \$3.30 Reduced: \$0.45 Lunch: \$3.30 Reduced: \$0.45 Lunch: \$3.30 Reduced: \$0.45 Lunch: \$3.30 Reduced: \$0.45 Reduced: \$0.45 Lunch: \$3.30 Reduced: \$0.45 Lunch: \$0.30 Reduced: \$0.45 Red	Meal Prices:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Parents/Guardians!!!
Lunch: \$3.30 Reduced: \$0.45  Breakfast Components: Grain 1 oz Fruit 1/2 cup Low Fat Milk 8 oz Lunch Components: Protein 2 oz Whole Grain 1 oz Vegetable 1/2 cup Milk 8 oz Uevergetarian Optionic: PBI Sandwich or Salad FODD ALERGIES??? Please alert the School Nurse of any food allergies your child may have. Free & Reduced: Lunch Applications are available at school or on the District Website Questions/Comments? Please call Damy Trotter Food Sanvice Director at Feed Sanvice Consuments? Please call Damy Trotter Food Sanvice Director at Feed Sanvice Consuments? Please call Damy Trotter Food Sanvice Director at Feed Sanvice Consuments? Please call Damy Trotter Food Sanvice Director at Feed Sanvice Consuments? Please call Damy Trotter Food Sanvice Director at Feed Sanvice Consuments? Please call Damy Trotter Food Sanvice Director at Feed Sanvice Consuments? Free & Reduced Lunch Applications are available at school or on the District Website Feed Sanvice Chicken Frank Cupper Sanvice Chicken Frank Support C	Breakfast: \$2.20	***BREAKFAST***					MySchoolBucks.com
Reduced: \$0.45  Breakfast Components: Grain 1 oz Fruit 1/2 cup Low Fat Milk 8 oz Lunch Components: Protein 2 oz Whole Grain 1 oz Vegetable 1/2 cup Milk 8 oz Everyday Vegetarian Option is: PB) Sandawich or Salad ANTIPASTA SALAD FPB) Sandawich or Salad FPB) S	Reduced: \$0.45						makes it easy and
Breakfast Components:   Grain 1 oz   Cruit 1/2 cup   Low Fat Milk 8 oz   Cunch Components:   Protein 2 oz   Whole Grain 1 oz   Vegetable 1/2 cup   Fruit 1/2 cup   Side of the components   Protein 2 oz   Whole Grain 1 oz   Carrotta	Lunch: \$3.30	An offering of Pop Tarts, Muffins, Cereals, Fruit Cups & Yogurts					convenient to manage
Grain 1 oz Fruit 1/2 cup Low Fat Milk 8 oz Lunch Components: Protein 2 oz Whole Grain 1 oz Vegetable 1/2 cup Fruit 1/2 cup Milk 8 oz  Everyday Vegetarian Option is: PBI Sandwich or Salad FOD ALLERGIES??? Please alert the School Nurse of any food allergies your child may have. Free & Reduced Lunch Applications are available at school or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or on the District Website Questions/Comments? Please alert the School or Option the District Website Questions/Comments? Please alert the School or Option the District Website Questions/Comments? Please alert the School or Option the District Website Questions/Comments? Please alert the School Option the District Website Questions/Comments? Please alert the S	Reduced: \$0.45						your child's meal
Fruit 1/2 cup Low Fat Milk 8 oz  Lunch Components: Protein 2 oz Whole Grain 1 oz Vegetable 1/2 cup Fruit 1/2 cup BBQ CHICKEN SANDWICH CHOPPED SALAD FRENCH FRIES CHOPPED SALAD FRENCH FRIES CHOPPED SALAD CHOPPED SALAD FRENCH FRIES CHOPPED SALAD CHOPPED SALAD CHOPPED SALAD FRENCH FRIES CHOPPED SALAD CHOPPED SALAD CHOPPED SALAD CHOPPED SALAD CHOPPED SALAD CHOPPED SALAD FRENCH FRIES CHOPPED SALAD CHOPPED SALAD CHOPPED SALAD CHOPPED SALAD CHOPPED SALAD CHOPPED SALAD FRENCH FRIES CHOPPED SALAD CHOPPED SALAD CHOPPED SALAD CHOPPED SALAD FRENCH FRIES CHOPPED SALAD	Breakfast Components:						payments!
Low Fat Milk 8 oz    Lunch Components: Protein 2 oz   Whole Grain 1 oz   Wegetable 1/2 cup   Fruit 1/2 cup   F	Grain 1 oz						Scan the code to
Lunch Components:   Protein 2 oz   Whole Grain 1 oz   Vegetable 1/2 cup   Fruit 1/2 cup   Milk 8 oz   CHOPPED SALAD   MILK	Fruit 1/2 cup	29	30	31	1	2	visit the website to
Protein 2 oz Whole Grain 1 oz Vegetable 1/2 cup Fruit 1/2 cup Milk 8 oz Everyday Vegetarian Option is: PBJ Sandwich or Salad ANTIPASTA SALAD CHOPPED SALAD CHOPPED SALAD CHOPPED SALAD FROM MILK MILK MILK MILK MILK MILK MILK MILK	Low Fat Milk 8 oz				MAC & CHEESE	PIZZA	learn more!
Whole Grain 1 oz Vegetable 1/2 cup Fruit 1/2 cup Fruit 1/2 cup Milk 8 oz Milk 8 oz Milk 8 oz Everyday Vegetarian Option is: PBJ Sandwich or Salad ANTIPASTA SALAD Please alert the School Nurse of any food allergies your child may have. Free & Reduced Lunch Applications are available at school or on the District Website  Questions/Comments? Please call Danny Trotter Food Service Director at  MILK MILK MILK MILK MILK MILK MILK MIL	Lunch Components:				CHICKEN TENDERS	CHOPPED SALAD	同時計画
Vegetable 1/2 cup Fruit 1/2 cup Milk 8 oz  Everyday Vegetarian Option is: PBJ Sandwich or Salad ANTIPASTA SALAD Please alert the School Nurse of any food allergies your child may have. Free & Reduced Lunch Applications are available at school or on the District Website  Questions/Comments? Please call Danny Trotter Food Service Director at Please call Danny Trotter Food Service Director at Person Alan BBQ CHICKEN SANDWICH CHOPPED SALAD BBQ CHICKEN SANDWICH CHOPPED SALAD FRENCH FRIES CHOPPED SA	Protein 2 oz				CARROTS	ORANGES	
Fruit 1/2 cup Milk 8 oz CHOPPED SALAD Everyday Vegetarian Option is: PBJ Sandwich or Salad ANTIPASTA SALAD Nurse of any food allergies your child may have. Free & Reduced Lunch Applications are available at school or on the District Website  Questions/Comments? Please call Danny Trotter Food Service Director at Fruit 1/2 cup Milk 8 oz CHOPPED SALAD FRENCH FRIES CHOPPED SALAD CHOPPED SALAD CHOPPED SALAD FRENCH FRIES CHOPPED SALAD CHOPPED SALAD CHOPPED SALAD FRENCH FRIES CHOPPED SALAD CHOPPED SALAD FRENCH FRIES C	Whole Grain 1 oz				MILK	MILK	1 1635/162 <del>7</del>
Milk 8 oz  CHOPPED SALAD  BROCCOLI  Option is:  PBJ Sandwich or Salad  ANTIPASTA SALAD  CHOPPED SALAD  NILK  MILK	Vegetable 1/2 cup	5	6	7	8	9	
Everyday Vegetarian Option is: PBJ Sandwich or Salad ANTIPASTA SALAD Please alert the School Nurse of any food allergies your child may have.  Free & Reduced Lunch Applications are available at school or on the District Website  Questions/Comments? Please call Danny Trotter Food Service Director at  BROCCOLI MILK MILK MILK MILK MILK MILK MILK MI	Fruit 1/2 cup	BBQ CHICKEN SANDWICH	BEEF CHILI	CHICKEN PITA	SLOPPY JOE'S	PIZZA	
Option is: PBJ Sandwich or Salad ANTIPASTA SALAD Please alert the School Nurse of any food allergies your child may have.  Free & Reduced Lunch Applications are available at school or on the District Website  Questions/Comments? Please call Danny Trotter Food Service Director at  MILK MILK MILK MILK MILK MILK MILK MIL	Milk 8 oz	CHOPPED SALAD	CHOPPED SALAD	CHOPPED SALAD	FRENCH FRIES	CHOPPED SALAD	Sandwich Board
PBJ Sandwich or Salad  ANTIPASTA SALAD Please alert the School Nurse of any food allergies your child may have.  Free & Reduced Lunch Applications are available at school or on the District Website  Questions/Comments? Please call Danny Trotter Food Service Director at  12  13  14  15  CHEESE BURGERS FRENCH FRIES CHOPPED SALAD FRUIT CUP MILK MILK  MILK  TURKEY WRAPS CHOPPED SALAD FRUIT CUP MILK MILK  CHOPPED SALAD FRUIT CUP MILK MILK MILK  CHOPPED SALAD FRUIT CUP MILK MILK MILK  Salami/Pepperoni Smoked Turkey MILK  M	Everyday Vegetarian	BROCCOLI	CORN	FRUIT CUP	CARROTS	APPLE SAUCE	Black Bean Burger
Salad  ANTIPASTA SALAD  FOOD ALLERGIES??? Please alert the School Nurse of any food allergies your child may have.  Free & Reduced Lunch Applications are available at school or on the District Website  Questions/Comments? Please alert the School NURSE of any food ANTIPASTA SALAD CORN ORANGES FRUIT CUP BROCCOLI FRUIT CUP MILK MILK MILK MILK MILK MILK MILK MILK	Option is:	MILK	MILK	MILK	MILK	MILK	Black Forest Ham
FOOD ALLERGIES??? Please alert the School Nurse of any food allergies your child may have. Free & Reduced Lunch Applications are available at school or on the District Website  Questions/Comments? Please call Danny Trotter Food Service Director at  CHOPPED SALAD CORN ORANGES FRUIT CUP MILK MILK MILK MILK MILK MILK MILK MILK	PBJ Sandwich or	12	13	14	15	16	Italian Combo
Please alert the School Nurse of any food allergies your child may have.  Free & Reduced Lunch Applications are available at school or on the District Website  Questions/Comments? Please call Danny Trotter Frod Service Director at  Please call Danny Trotter FRUIT CUP MILK MILK MILK MILK MILK MILK MILK MILK	Salad	ANTIPASTA SALAD	BEEF & BEAN NACHOS	TURKEY WRAPS	CHEESE BURGERS	PIZZA	PBJ
Nurse of any food allergies your child allergies your child may have.  Free & Reduced Lunch Applications are available at school or on the District Website  Questions/Comments? Please call Danny Trotter Food Service Director at  MILK MILK MILK MILK MILK MILK MILK MIL	FOOD ALLERGIES???	CHOPPED SALAD	CORN	CHOPPED SALAD	FRENCH FRIES	CHOPPED SALAD	Salami/Pepperoni
allergies your child may have.  Free & Reduced Lunch Applications are available at school or on the District Website  Questions/Comments? Please call Danny Trotter Food Service Director at  19 20 BAGGED BA	Please alert the School		ORANGES	FRUIT CUP	BROCCOLI	FRUIT CUP	Smoked Turkey
may have.  Free & Reduced Lunch Applications are available at school or on the District Website  Questions/Comments? Please call Danny Trotter Food Service Director at  BAGGED We will soups to warm you up!  We will send of the Week	Nurse of any food	MILK	MILK	MILK	MILK	MILK	
Free & Reduced Lunch Applications are available at school or on the District Website  Questions/Comments? Please call Danny Trotter Food Service Director at  LUNCHES  MILK MILK MILK MILK  We will send out an email each week!	allergies your child	19	20	21	22	23	Coming Soon
Applications are available at school or on the District Website  Questions/Comments? Please call Danny Trotter Food Service Director at  Questions are MILK	may have.		BAGGED	BAGGED	BAGGED		Hot Soups
available at school or on the District Website  Questions/Comments? Please call Danny Trotter Food Service Director at  MILK	Free & Reduced Lunch		LUNCHES	LUNCHES	LUNCHES		to warm
on the District Website  Questions/Comments? Please call Danny Trotter Food Service Director at  26 27 28 29 30 Salad of the Week We will send out an email each week!	Applications are						you up!
Questions/Comments? Please call Danny Trotter Food Service Director at  We will send out an email each week!	available at school or		MILK	MILK	MILK		
Please call Danny Trotter Food Service Director at  We will send out an email each week!	on the District Website	26	27	28	29	30	Salad of the Week
Food Service Director at email each week!	Questions/Comments?						
	Please call Danny Trotter						We will send out an
	Food Service Director at						email each week!
845-373-4100 X 4405	845-373-4100 X 4405						